

# Traci Woodcock

*Nutritional Therapist / Holistic Health Coach*



## EDUCATION AND CERTIFICATION

### The Institute for Integrative Nutrition - New York City

Integrative Nutrition Health Coach

### American Association of Drugless Practitioners

Board Certified Holistic Health Practitioner

### University of Miami - Miami, Florida

Basic Course in Nutrition

### Texas Woman's University - Denton, Texas

Nutrition and Personal Health Coaching

### LongevityEd Professional Education Group

Glyconutrient Implications and Related Co-Factors in Health and Wellness

### The Health Sciences Academy

Nutritional Therapist

Advanced Clinical Weight Loss Practitioner

### Your Lab Work –Lab Masterclass with Dr. Alan Hopkins

CE in advanced biomarker lab reading within Health Coaching scope of practice

## BACKGROUND

Traci received training as a Certified Holistic Health Coach from The Institute for Integrative Nutrition and Texas Woman's University. She has studied over 100 dietary theories, practical lifestyle management techniques, and innovative coaching methods with some of the world's top health and wellness experts and leading researchers and nutrition authorities. Traci's education as a nutritional therapist has equipped her with extensive knowledge in nutritional deficiencies and preventive wellness techniques. Drawing on her skills and knowledge of different dietary theories, she works with clients to help them reach their wellness goals through step-by-step food and lifestyle modifications that produce sustainable results.

## SPECIALIZED FIELD OF SERVICE

- Holistic Health Coach – Individual Programs
- Wellness Workshop Presenter and Facilitator – Business and Organization
- Community Health and Nutrition Classes
- Advanced Biomarker Lab Consultant

## BUSINESS OWNER

- Renewable Health Consulting



## CONTACT INFORMATION

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